**Battle Strategies – Fighting the Flesh Leaders notes**

**Sermon from Pastor Matt, South Gate Alliance, November 30 2014**

1. How do you fight against yourself? What do you know you need to do but can’t do?
2. What are your “methods” to accomplish this goal and why do you think they haven’t worked?

**John Piper -** *An unsaved person can sin and enjoy it. A saved man is miserable after he sins. He has a new man living inside—a new nature that wants to please God. You can wash and perfume a pig and he will walk right back into the hog pen to wallow in the mud. You can throw a sheep into the mud and he will quickly get out. Their natures are different. The spiritual nature and the fleshly nature are opposites. A lost man can enjoy sin and not want to stop, while a saved man is miserable when in sin.*

How do you find yourself in this quote? Do you feel connecting more to the lost or saved man?

Have you experienced or know anyone who has a supernatural ability to deal with the flesh to change and repent?

**Biblical steps for Fighting Against the Flesh**

#### Surrender daily – be filled with the Holy Spirit

#### Load your Spiritual Weapons – have spiritual input into your life that battles against the flesh

1. Focus on walking with Christ, not not sinning

How can you take steps towards living these?

How can your small group help you stay accountable and support you in walking with Christ?