**Psalm 145 – Tehilla Praise Leader Notes**

1. What’s one of your favorite songs? Why is it such a favorite?
2. What’s one of your favorite psalms? Why is it a favorite?
3. There are 150 different psalms of pleas, plaints and praises. Which type are you most drawn to?
4. Psalm 145 helps us to reflect on who God is. Read the verses and list characteristics of God’s nature:

God is great and worthy of praise v.3

God is gracious, compassionate, slow to anger, rich in love v.8

God is good to all v.9

God is mighty v.11

God is faithful to all His promises and loving to all he’s made v.13

God is righteous in all His ways and near to all who call on Him v.17

God is near to all who call on him. V.18

1. How can we cultivate a personal relationship with an invisible God? (Seek God, Meditate on His wonderful works (145:4), Praise God every day (v.2), Read the Bible, journal, listen to God, tell others about God’s character and actions (v.10,11,21).
2. Read Psalm 135:18. What happens when we worship God? (We come closer to God; We tend by a secret law of the soul to move toward our mental image of God. While looking at God we don’t see ourselves – blessed riddance.)
3. Review Psalm 145 and list the things that God has done. What has God done for you in the past year? In the past week? Grateful people are people of praise. They find something to praise God for everywhere they look.
4. There are some aspects of God that can’t be imitated; there are other aspects of God’s nature which we can imitate in our relationships with others. What aspects of God as revealed in Psalm 145 are we able to imitate?
5. Take some time as a group to worship and praise God for who He is and thank Him for what He’s done. Have group members take turns calling out praise worthy deeds and attributes of worship.