**Ephesians 4:29-32 Grace filled families part 2**

**HOOK**

**1. Have you watched the Olympics? What’s been your favorite sport or favorite moment of the Olympics so far?**

**2. What do you think is the #1 issue that sparks bickering in your family? a) not listening; b) money issues; c) laziness; d) snoring; e) what movie/show to watch; f) what to eat; g) chores; h) other.**

**BOOK/LOOK**

**Read Ephesians 4:29-32 and Prov. 16:23.**

**3.** **What’s the most encouraging thing someone has said to you in the past week?**

**4. What kind of actions or attitudes grieve the Holy Spirit?**

**5. If the Holy Spirit is like oil in a car’s engine, how does the pace of your family impact your need for more of God’s presence in your activity?** (The faster your family goes, the more chance there is for friction and therefore the more of the Holy Spirit lubrication is required for things to run smoothly and not overheat).

**6. Read Prov. 15:1 and Prov. 22:10. What are some practical ways to reduce arguments in a family? (**Watch your communication tones – especially mocking and sarcasm; Say “ouch” when we’re hurt; use ‘I’ statements rather than blaming ‘you’ statements)

**7. How do we get rid of negative past baggage?** (Don’t stuff it down inside; don’t dump it all over someone close to you. Forgive as God forgave you. Write down our hurts and give them to Jesus. Sometimes we need the help of a friend/counselor to get rid of heavy baggage.)

**8. What are some Gospel storied that speak about Jesus as a kind, compassionate and forgiving man?** When parents brought children to Jesus, he didn’t turn them away. He said: **“Let the little children come to me.”** Jesus was kind. Jesus is our compassionate high priest. He understands all the ways in which we’re tempted to sin. Jesus was forgiving. Even when soldiers nailed him to a cross, he responded by saying: **“Forgive them, Father, they don’t know what they’re doing.”**

**TOOK**

**9. Is it a realistic expectation that we imitate God? (**With God’s help, all things are possible. It’s impossible in our own strength. Jesus gives us a concrete example of how we can imitate God.)

**10. Which aspect of Pastor Perry’s homework from this passage was most challenging for you? (**Speaking positively, praying for and with your family to be filled with the Holy Spirit, getting rid of past negative baggage, or being kind, compassionate and forgiving?

**11. Share specific needs that you have. Pray for each other’s needs. Bear each other’s burdens. Keep each other accountable for growth areas.**